



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ned Denison

ICE ID : 41 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lough Dan, Ireland

14-Feb-2015

1.0800 mile / 1.74km in 29:27 minutes

Water 4.40°C, Wind Chill 0.00°C, 53.07° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

