



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jackson Arlidge

ICE ID : 622 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Blue Lake, St Bathans, New Zealand

13-Jul-2025

1.7088 mile / 2.75km in 44:43 minutes

Water 4.97°C, Wind Chill 1.00°C, Altitude 585m, 44.51° S

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

