



CERTIFICATE OF MEMBERSHIP

This is to certify that

Josefina Polakova

ICE ID : 511 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Labe river, Hradec Kralove, Czech Republic

05-Mar-2023

1.0000 mile / 1.61km in 54:30 minutes

Water 3.08°C, Wind Chill -2.70°C, Altitude 233m, 50.21° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

