



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Harriet Green**

ICE ID : 574 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Loch Morlich, Great Britain**

**29-Nov-2025**

**1.0128 mile / 1.63km in 37:26 minutes**

**Water 4.00°C, Wind Chill 0.10°C, Altitude 300m, 57.17° N**

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, overlapping arrangement.

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

