



CERTIFICATE OF MEMBERSHIP

This is to certify that

Paul Duffield

ICE ID : 34 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Okanagan, Canada

23-Dec-2012

1.0800 mile / 1.74km in 36:50 minutes

Water 4.33°C, Wind Chill 0.00°C, 49.83° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

