



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Lene Noerboege**

ICE ID : 493 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Esbjerg Strand, Esbjerg, Denmark**

**21-Jan-2023**

**1.0300 mile / 1.66km in 29:16 minutes**

Water 2.87°C, Wind Chill -3.10°C, Altitude 0m, 55.48° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

