



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Elizabeth Mills

ICE ID : 589 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield Lake, Doncaster, England

17-Jan-2026

1.0000 mile / 1.61km in 30:15 minutes

Water 3.90°C, Wind Chill 6.90°C, Altitude 4m, 53.25° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

