



# CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Samantha Farrow**

ICE ID : 436 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Worthersee, Austria

20-Feb-2023

1.2500 mile / 2.01km in 40:07 minutes

Water 4.90°C, Wind Chill 3.00°C, Altitude 720m, 46.62° N

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

