

CERTIFICATE OF MEMBERSHIP

This is to certify that

Henry Lykke Stokholm

ICE ID : 491 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Esbjerg Strand, Esbjerg, Denmark 21-Jan-2023

1.0300 mile / 1.66km in 27:04 minutes Water 2.87°C, Wind Chill -3.10°C, Altitude 0m, 55.48° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com