



CERTIFICATE OF MEMBERSHIP

This is to certify that
Arleen Gonzalez

ICE ID : 488 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Tislit lake, Morocco

23-Jan-2023

1.0000 mile / 1.61km in 34:57 minutes

Water 3.90°C, Wind Chill 5.00°C, Altitude 2120m, 32.11° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

