



# CERTIFICATE OF MEMBERSHIP

This is to certify that

**Laura Nesbitt**

ICE ID : 537 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Loch Morlich, Scotland

01-Dec-2023

1.0010 mile / 1.61km in 24:31 minutes

Water 3.18°C, Wind Chill -1.50°C, Altitude 300m, 57.17° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

