



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Jesper Teslak-Larsen**

ICE ID : 410 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Snekkersten Havn, Helsingør, Denmark**

**22-Mar-2021**

**1.00 mile / 1.61km in 30:01 minutes**

**Water 4.53°C, Wind Chill 0.60°C**

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

