IISA
ICE MILE

CERTIFICATE OF MEMBERSHIP

This is to certify that

Jesper Teslak-Larsen

ICE ID : 410 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Snekkersten Havn, Helsingør, Denmark
22-Mar-2021

1.0000 mile / 1.61km in 30:01 minutes

Water 4.53°C, Wind Chill 0.60°C, 56.01° N

YOU ARE OFFICIALLY FROZEN

RB

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com