



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Brian Swift**

ICE ID : 438 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Clontarf Baths, Clontarf, Dublin, Ireland

01-Feb-2025

1.0000 mile / 1.61km in 29:47 minutes

Water 4.63°C, Wind Chill 5.00°C, Altitude 0m, 53.36° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

