



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Melissa Kegler

ICE ID : 382 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Coeur d'Alene, USA

16-Mar-2026

1.7585 mile / 2.83km in 1:17:59

Water 4.67°C, Wind Chill 2.70°C, Altitude 649m, 47.65° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

