



## CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Jaimie Monahan**

ICE ID : 178 - ICE MILE : 9

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Ilulissat Harbour, Greenland

10-Jun-2018

1.1000 mile / 1.77km in 29:40 minutes

Water 2.43°C, Wind Chill 4.00°C, 69.22° N

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

