



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Jaimie Monahan

ICE ID : 178 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Mikkelvik Brygge, Karlsøy, Norway
04-Mar-2017

1.11 mile / 1.79km in 32:09 minutes

Water 2.37°C, Wind Chill -3.50°C, 70.01° N

YOU ARE OFFICIALLY FROZEN

Polar ICE MILE

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

