



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Heinrich Langer**

ICE ID : 18 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Fraserburg, RSA

23-Jul-2011

1.00 mile / 1.61km in 31:25 minutes

Water 5.00°C, Wind Chill 10.00°C

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read 'RAB', written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

