



## CERTIFICATE OF MEMBERSHIP

This is to certify that

Micha□ Manterys

ICE ID : 389 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Zakrzówek lake, Krakow, Poland

16-Jan-2021

1.0000 mile / 1.61km in 39:23 minutes

Water 4.30°C, Wind Chill -4.00°C, 50.04° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

