

CERTIFICATE OF MEMBERSHIP

This is to certify that

Tom Heyerdahl

ICE ID: 474 - ICE MILE: 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Brittania Park, Ottawa, Canada 21-Nov-2022

1.0100 mile / 1.63km in 43:45 minutes Water 2.83°C, Wind Chill -11.00°C, Altitude 53m, 45.37° N

YOU ARE OFFICIALLY FROZEN





Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com

