



CERTIFICATE OF MEMBERSHIP

This is to certify that
kareena parkes

ICE ID : 234 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Volendam, Netherlands
19-Jan-2018

1.00 mile / 1.61km in 43:03 minutes

Water 4.00°C, Wind Chill 0.90°C

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read 'RAB', written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

