



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Teodor Tsvetkov
ICE ID : 598 - ICE MILE : 3

has successfully completed an ICE Mile according to the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Blue Lake St Bathans, New Zealand
11-Jul-2025

1.2427 mile / 2km in 36:28 minutes

Water 4.83°C, Wind Chill 1.00°C, Altitude 585m, 44.51° S

YOU ARE OFFICIALLY FROZEN
Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

