



CERTIFICATE OF MEMBERSHIP

This is to certify that
Susan Rutherford

ICE ID : 499 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Andark Lake, Southampton, UK
10-Feb-2023

1.0100 mile / 1.63km in 42:10 minutes
Water 4.43°C, Wind Chill 7.50°C, Altitude 30m, 50.52° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

