



CERTIFICATE OF MEMBERSHIP

This is to certify that

Val Smith

ICE ID : 144 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Harthill reservoir, Sheffield, UK

23-Jan-2016

1.09 mile / 1.75km in 45:15 minutes

Water 3.11°C, Wind Chill 0.00°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, overlapping arrangement.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

