



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Brian Dillon

ICE ID : 369 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Camlough Lake Armagh Ireland

01-Jan-2020

1.00 mile / 1.61km in 46:20 minutes

Water 5.00°C, Wind Chill 0.00°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

