



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Adam Boon

ICE ID : 293 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Melton Mowbray, Leicestershire - UK

07-Mar-2020

1.1700 mile / 1.88km in 36:29 minutes

Water 4.77°C, Wind Chill 3.10°C, 52.77° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

