



# CERTIFICATE OF ACHIEVEMENT

This is to certify that  
**Patricia Heffernan**

ICE ID : 355 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**LAKE WORTHERSEE AUSTRIA**

**17-Feb-2023**

1.0000 mile / 1.61km in 42:42 minutes

Water 4.90°C, Wind Chill 4.10°C, Altitude 480m, 46.37° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

