



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Val Greenwood**

ICE ID : 296 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Hatfield, England

26-Jan-2019

1.00 mile / 1.61km in 47:02 minutes

Water 4.53°C, Wind Chill 6.70°C

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

