



CERTIFICATE OF MEMBERSHIP

This is to certify that

Craig Lenning

ICE ID : 7 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Brainrd Lake, Colorado, USA

10-Jul-2011

1.2000 mile / 1.93km in 34:33 minutes

Water 4.40°C, Wind Chill 0.00°C, 40.08° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

