



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Toks Viviers

ICE ID : 5 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Paradise Bay, Antarctica

02-Mar-2014

1.0000 mile / 1.61km in 25:30 minutes

Water 0.50°C, Wind Chill 0.00°C, 64.90° S

YOU ARE OFFICIALLY FROZEN

Extreme, Polar, Zero ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

