



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Diane Hewetson

ICE ID : 254 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Bray Lake, England

03-Feb-2019

1.00 mile / 1.61km in 46:43 minutes

Water 2.83°C, Wind Chill 2.00°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

