



## CERTIFICATE OF MEMBERSHIP

This is to certify that  
**frederic kocen**

ICE ID : 284 - ICE MILE : 1

has successfully qualified as an ICE member of the  
**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



zwembad de waterdam Edam, Volendam, Nederland  
18-Jan-2019

1.0000 mile / 1.61km in 25:30 minutes

Water 4.97°C, Wind Chill 1.10°C, 52.51° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

