# IISA <br> ICE MILE <br> <br> CERTIFICATE OF ACHIEVEMENT <br> <br> CERTIFICATE OF ACHIEVEMENT <br> This is to certify that <br> Kate Steels <br> ICE ID : 110 - ICE MILE : 7 

has successfully completed an ICE Mile according to the INTERNATIONAL ICE SWIMMING ASSOCIATION
by completing a minimum of One Statute mile [1609m] in water temperature of $5.00^{\circ} \mathrm{C}$ or lower

## Lake Simcoe, Beaverton, Canada 21-Apr-2019

1.0000 mile / 1.61 km in $31: 42$ minutes Water $4.13^{\circ} \mathrm{C}$, Wind Chill $7.90^{\circ} \mathrm{C}, 44.43^{\circ} \mathrm{N}$

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\begin{aligned}
& \text { YOU ARE OFFICIALLY FROZEN } \\
& \text { 5+ ICE MILE }
\end{aligned}
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