

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Kate Steels

ICE ID: 110 - ICE MILE: 2

has successfully completed an ICE Mile according to the

## INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Andark Lake, Lower Swanwick, UK 03-Dec-2016

1.0000 mile / 1.61km in 31:38 minutes Water 4.80°C, Wind Chill 2.20°C, 50.88° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



