



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kate Steels**

ICE ID : 110 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Andark Lake, Lower Swanwick, UK

03-Dec-2016

1.0000 mile / 1.61km in 31:38 minutes

Water 4.80°C, Wind Chill 2.20°C, 50.88° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

