



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kate Steels**

ICE ID : 110 - ICE MILE : 10

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Llanwit, Wales, UK

22-Jan-2022

1.0100 mile / 1.63km in 28:49 minutes

Water 4.60°C, Wind Chill 4.40°C, Altitude 10m, 51.40° N

**YOU ARE OFFICIALLY FROZEN**

10+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB". The signature is stylized and slanted.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

