



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nikki Pope

ICE ID : 236 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



jack Darling Memorial Park Mississauga ONTARIO,
Canada

20-Nov-2019

1.0600 mile / 1.71km in 42:41 minutes

Water 4.50°C, Wind Chill 4.90°C, 43.53° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

