



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nikki Pope

ICE ID : 236 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower



Hatfield, England

09-Feb-2019

1.00 mile / 1.61km in 46:25 minutes

Water 4.53°C, Wind Chill 8.10°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

