

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nikki Pope

ICE ID: 236 - ICE MILE: 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Hatfield England 19-Jan-2019

1.0000 mile / 1.61km in 50:12 minutes Water 4.63°C, Wind Chill 1.80°C, 51.76° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



