

## CERTIFICATE OF MEMBERSHIP

This is to certify that

## Donald McDonald

ICE ID : 238 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

## lake 32, South Cerney, England 02-Feb-2018

1.0000 mile / 1.61km in 34:28 minutes Water 4.47°C, Wind Chill 4.60°C, 51.66° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com