



## CERTIFICATE OF MEMBERSHIP

This is to certify that  
**Kieron Palframan**

ICE ID : 3 - ICE MILE : 1

has successfully qualified as an ICE member of the  
**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Fraserburg, RSA**  
**17-Jul-2010**

1.00 mile / 1.61km in 28:00 minutes

Water 4.50°C, Wind Chill 5.00°C

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

