



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Melanie Holland

ICE ID : 490 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



SwimYourSwim, Hatfield, England

20-Jan-2024

1.0066 mile / 1.62km in 29:36 minutes

Water 4.60°C, Wind Chill -0.40°C, Altitude 41m, 53.58° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, overlapping arrangement.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

