



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Philip Jackson

ICE ID : 205 - ICE MILE : 5

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower



Hatfield, England

09-Feb-2019

1.02 mile / 1.64km in 27:33 minutes

Water 4.53°C, Wind Chill 8.10°C

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

