

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Philip Jackson

ICE ID : 205 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Hatfield Water Park, England 20-Jan-2018

1.0200 mile / 1.64km in 31:09 minutes Water 3.53°C, Wind Chill 1.80°C, 53.58° N

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com