



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Alison Howard**

ICE ID : 196 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Hatfield Outdoor Activity Centre**

**27-Jan-2018**

1.0000 mile / 1.61km in 39:02 minutes

Water 3.87°C, Wind Chill 3.90°C, 53.58° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

