



CERTIFICATE OF ACHIEVEMENT

This is to certify that

David Coleman

ICE ID : 190 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield, UK

26-Jan-2019

1.0000 mile / 1.61km in 36:11 minutes

Water 4.77°C, Wind Chill 5.00°C, 51.76° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of stylized letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

