



CERTIFICATE OF MEMBERSHIP

This is to certify that

Ram Barkai

ICE ID : 1 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Zurich, Switzerland

31-Jan-2009

1.4300 mile / 2.3km in 43:00 minutes

Water 4.00°C, Wind Chill 0.00°C, 47.22° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

