



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Teodor Tsvetkov
ICE ID : 598 - ICE MILE : 7

has successfully completed an ICE Mile according to the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Yamanaka
16-Feb-2026

1.0000 mile / 1.61km in 27:06 minutes
Water 4.23°C, Wind Chill -2.10°C, Altitude 981m, 35.24° N

YOU ARE OFFICIALLY FROZEN
5+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

