



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai

ICE ID : 1 - ICE MILE : 8

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Vltava River, Branik, Prague, Czech Republic
31-Dec-2014

1.0300 mile / 1.66km in 30:00 minutes

Water 4.60°C, Wind Chill -2.00°C, 50.03° N

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

