



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Brian Dillon

ICE ID : 369 - ICE MILE : 7

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Parliment Hill Lido , London , England

14-Dec-2018

1.1247 mile / 1.81km in 40:59 minutes

Water 4.90°C, Wind Chill 3.00°C, Altitude 100m, 51.57° N

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

