



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nicola Doran

ICE ID : 502 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hakadiki, Greece

24-Jan-2026

1.0688 mile / 1.72km in 32:19 minutes

Water 4.83°C, Wind Chill 5.00°C, Altitude 900m, 40.00° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, overlapping arrangement.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

