



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carmel Collins**

ICE ID : 52 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Wild Water, Armagh , Ireland

21-Feb-2016

This swim constitutes a Marathon Ice Swim  
2.0500 mile / 3.3km in 57:45 minutes

Water 4.63°C, Wind Chill 8.00°C, 54.35° N

**YOU ARE OFFICIALLY FROZEN**

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

